

Abbreviated Version

# Support Plan

for

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Home address:  
Date of birth:  
Meeting date:

Important people we have invited:

Family

Friends

Paid support

Portions of the *Discovery Workbook* were adapted from the work of others: Cyndi Pitonyak, Montgomery County Schools; *Supports with Integrity and Imagination (SWIM)*: functional assessment materials developed by Dr. Tom James Ph.D. of the Region 5 DDD office in Tacoma, Washington; questions from Al Vecchione's *Building Emotional Alliances*; Martha Leary's *Social Dictionary*; John O'Brien and Connie Lyle-O'Brien's *Framework for Accomplishments*; and Michael Smull and Susie Harrison's *Support Plan form*. Many thanks to each for their permission to use the material here.



## Support means...



When this is happening...	And the person does this...	We think it means this...	And we should do this...



## Support means...

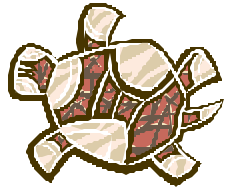


*Helping the person to live a life that makes sense...*

...surrounded by people  
he/she loves.  
How we will help  
(be specific):

...doing things at work and play  
that are fun and meaningful.  
How we will help  
(be specific):

...with a body, mind, and spirit that  
are nourished and well.  
How we will help  
(be specific):



# i m a g i n e

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**For additional information, visit the imagine web site:**

[www.dimagine.com](http://www.dimagine.com)

## ***The Support Plan (Abbreviated) and The Discovery Workbook***

The *Support Plan (Abbreviated)* is designed to be completed using the *Discovery Workbook* (available at the Imagine web site).

## **Reproducing the *Support Plan (Abbreviated)***

Permission is granted to download single copies of this handout from the Imagine web site. Should you wish to reproduce the document for distribution or training, please contact David at the above address.

## **Acknowledgements**

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